

NEWSLETTER



The Victorian Men's Shed Association is the Oldest Shed Support Organisation in the World

**The VMSA is proud to have as patron,
the Governor of Victoria, the Honourable Linda Dessau AC**

TOP STORY

LIFETIME OF HAPPINESS

Love can happen anytime, anywhere. You just need to be open to it just like Ken and Lyn were. Also, there's nothing to be nervous about. Ken will agree. Read their heart-warming story on Page 6.

TOP NEWS

NEW YEAR, NEW PLANS

Cardinia Men's Shed has a whole host of plans for its shedders. Right from meeting new friends in other shedders to learning new things.

(Details on Page 10)

TOP INITIATIVE

A SLICE OF HISTORY

To pamper the football fan in you, book a tour of the Fitzroy-Brisbane Lions Historical Society museum. You won't be disappointed at all!

(Details on Page 5)



FROM THE PRESIDENT'S DESK

The VMSA is really excited about the new year. It has lots of plans for its shedders. Right from organising training sessions to raising funds, to distribution of more defibrillators, there is a lot in store for shedders through 2019. So, stay tuned, folks! (Page 4)

This Newsletter is emailed to a Representative of every Men's Shed in Victoria. Please print out a copy and distribute to members of your Shed.

To register for your copy of the newsletter visit

Website: www.vmsa.org.au

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LIST OF VMSA COMMITTEE CONTACTS

OFFICE BEARERS

President	Lindsay Oates	pres@vmsa.org.au	Mirboo North Shed
Vice President	Geoff Witmitz	vice@vmsa.org.au	Horsham Shed
Secretary	Bruce Ward	sec@vmsa.org.au	Ocean Grove Shed
Treasurer	Barry Watson	treas@vmsa.org.au	Heywood Shed

COMMITTEE

Julian Sellers	j.sellers@vmsa.org.au	Inverloch Shed
Lou Sigmund	l.sigmund@vmsa.org.au	Benalla Shed
Alan Davies	a.davies@vmsa.org.au	Ballarat East

PLEASE NOTE

The VMSA has received a number of queries and requests to find an avenue that sheds can easily list and advertise surplus items they have, that they wish to donate to other sheds, or to promote activities that the shed are involved in - such as market days, or fundraisers.

The VMSA has recently created and trialled a Facebook page, "VMSA Public Notices". This is now available for all sheds and shedders to join, and to place your ads and info on. Please note this is not the avenue if you wish to sell your surplus good, it is only if you want to donate goods.

The VMSA now has a Buy/ Swap and Sell Page on its website for shedders to use.

VMSA EXECUTIVE OFFICER REPORT

Hi Folks,

Happy new Year and welcome to 2019. This year will be another banner year for the Victorian Men's Shed Association.

At the 2018 Annual General Meeting, we welcomed Lou Sigmund from Benalla Shed and Julian Sellers from the Inverloch Shed to the committee of management of the VMSA. Lou and Julian are looking forward to supporting the sheds in their regions and sheds state-wide.

Some sheds are getting their insurance renewals soon and we need to remind shedders that reviewing the policies and their coverage is important on an annual basis. Shed should have their Certificates of Currency in their hands during the period of their policies and be fully aware of the coverage they provide. Review the cost involved and the quality of the service provided by your insurer. There are many insurers in the marketplace and the VMSA currently recommends Gallagher Insurance as the best policy, service and cost of shed insurance.

Call their Advisor Daniel James on 1800 316 432 or write an email to shedinsurance@ajg.com.au.

Check their website <http://info.ajg.com.au/mens-shed>.

The VMSA has a number of training sessions coming up through the year. We will be conducting them both at our office at 173-175 Ordish Road Dandenong South and regionally around Victoria. The topics will include OH&S, fund raising and Good Shed Governance. Please let us know if there are any topics you would like covered in our training schedule for 2019.

During the year our Field Officer, Phil Keily, will be out and about providing direct assistance and support to sheds. He is available on his mobile (0484 867 000) to assist you with your needs.

The VMSA has a very busy office and we are looking for some administrative support. If you can assist or have someone who would benefit from work experience at a large Community Organisation, please contact me on 0408 465 228.

The VMSA in partnership with the Joe White Bequest is pleased to announce we have provided 20% of the 325 sheds in Victoria, with a free lifesaving Defibrillator. We are now accepting expressions of interest in the 2019 roll out of defibrillators at vmsa@vmsa.org.au.

The VMSA has secured a Preferred Partnership with JEEP Australia and we have been inundated with applications for the extraordinary discounts available on the JEEP range of vehicles.

Not only do you receive the National Fleet Discount, combining it with the Preferred partnership discount it adds up to thousands of dollars saved. Check it out on our website www.vmsa.org.au.

Ric Blackburn

VMSA Executive Officer

Email: vmsa@vmsa.org.au



VMSA PRESIDENT'S REPORT

Welcome to 2109, shedders!

The VMSA is really excited about the upcoming year.

The VMSA has organised training sessions for shedders in OH&S, mental health and fundraising, to be held through 2019. Feel free to contact **Ric Blackburn** on vmsa@vmsa.org.au to express interest in attending the session(s).

We will be advertising events and training sessions regularly through the newsletter, Facebook and our website www.vmsa.org.au.

Speaking of the VMSA website, it is currently being upgraded so we ask for your feedback and patience.

Please note that the newsletter is a subscribed publication and if you no longer want to receive it hit the unsubscribe button. Sheds who have changed their contact details please re-subscribe to the newsletter via the website. If your contact details are changed, please mail the changes to vmsa@vmsa.org.au so that it is updated on the VMSA database.

The next **VMSA Statewide Gathering** is on the 22nd of March at the Meadows Greyhound track in Broadmeadows. We have an extraordinary line-up of speakers for the Gathering along with the usual tools and equipment for distribution.

The VMSA in partnership with the Joe White Bequest has been pleased to distribute another 14 defibrillators **free** to Victorian sheds in 2018. This program has contributed defibrillators to 20% of Victorian sheds alone. We are currently accepting expressions of interest in defibrillators for the 2109 roll out.

Some sheds are in the Insurance renewal phase at this time of year. Please choose wisely and make sure you have the best coverage, policy and insurer possible. Check out Gallagher Insurance before renewing your policy; you will be pleasantly surprised by them. Contact **Dan James** for the same on **03 9412 1555** or odan.james@ajg.com.au.

Unlike other organisations the VMSA does not receive money to recommend insurers. Our goal is to assist sheds in getting the best insurance service at the best price.

The VMSA Field Officer Phil Keily is always available to assist sheds at any time and can be contacted on 0484 867 000. The VMSA Committee is working diligently in the interests of our members and each of our committee members welcomes feedback from the sheds.

The VMSA has been very strong in advocating for sheds at all levels of the Government and has built a strong network of important contacts in the Government. Please remember to contact us first before engaging with the Government for advice and assistance.

Sadly, we lost Mike Allery from Emerald Shed, recently. Mike was one of nature's dynamic movers and shakers. His work at Emerald U3A and the Men's Shed was inspiring. We send our condolences to Mike's family and friends at this sad time.



Lindsay Oates

VMSA President 2018-19

THE HISTORICAL SOCIETY MUSEUM TOUR

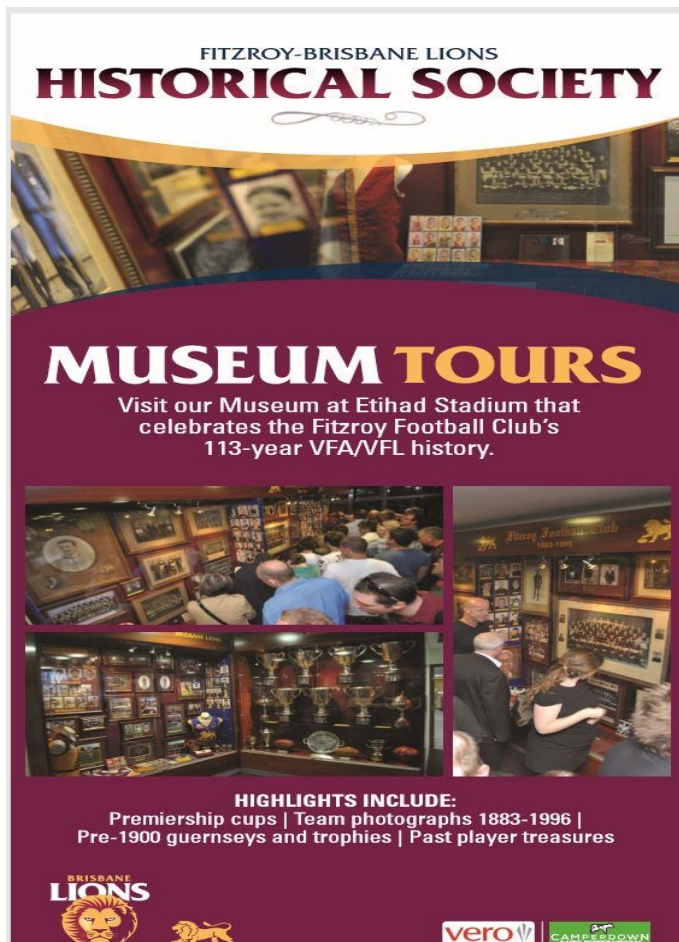
The Fitzroy-Brisbane Lions Historical Society conducts private tours of their museum at Marvel Stadium, by appointment. The museum showcases more than 100 years of Fitzroy's football history and artefacts that date right back to 1883.

The tours, which are conducted on weekdays, are free for Historical Society members. Non-members and guests can also take the tour for a fee of just \$5. If you have a large group, you can avail discounts, too.

A light meal and/or refreshments can also be arranged on the day you plan to tour, at the nearby Harbour Café.

For bookings, or further enquiries, please contact

- Arthur Wilson (0405 565 814)
- Neil Barrie (0419 519 802), or, s
- The Brisbane Lions Office (03 8850 5600).



FITZROY-BRISBANE LIONS
HISTORICAL SOCIETY

MUSEUM TOURS

Visit our Museum at Etihad Stadium that celebrates the Fitzroy Football Club's 113-year VFA/VFL history.

HIGHLIGHTS INCLUDE:
Premiership cups | Team photographs 1883-1996 | Pre-1900 guernseys and trophies | Past player treasures

BRISBANE LIONS

vero CAMERADOWN

A SNEAK PEEK INTO HISTORY

The Fitzroy Football Club was formed in 1883 and became one of eight foundation clubs of the Victorian Football League when it was introduced in 1897.

By 1922, Fitzroy had won seven VFL premierships - more than any other club in the competition - and claimed an 8th flag in 1944.

After 113 years of existence, Fitzroy merged with the Brisbane Bears in 1996 to form the Brisbane Lions, who went on to win a hat-trick of premierships from 2001-03. And to this day continue to recognise and celebrate the Club's unique history.

The Fitzroy-Brisbane Lions Historical Society was formed by the Brisbane Lions at the time of the merger, and has since worked tirelessly to ensure that Fitzroy's rich heritage is preserved.

TOUR BOOKINGS

Museum tours can be arranged direct through the Historical Society. For booking times and prices, please contact Historical Society Chairman Arthur Wilson on 0405 565 814 or the Brisbane Lions Victorian Office on 03 8850 5600. Discounts are also offered for larger community group tours.

MEMBER TOURS

Members of the Historical Society can view the Museum for FREE. However, bookings are essential.



WHERE TO FIND US

The Historical Society Museum is located at Gate 4, Level D at Etihad Stadium.
NB: Museum is NOT accessible to the public without a pre-arranged tour booking.

HISTORICAL SOCIETY MEMBERSHIP

Become a Historical Society member for just \$20
Email melbourne@lions.com.au Phone 03 8850 5600 or visit www.lions.com.au/historicalsociety for details.

AND THE WEDDING BELLS DID CHIME

Yarra Glen & District Men's Shed Inc.



Yarra Glen & District Men's Shed congratulates our valued member and Vice President, Ken Kneebone, as he has 'tied the-knot' over the Christmas break.

Ken married Lyn on 29 December 2018 in a lavish ceremony at Wild Cattle Creek, a Yarra Valley winery.

Ken met Lyn at ballroom dancing lessons and was reportedly extremely nervous about asking her out. So, he sought the counsel of a fellow shedder.

Ken needn't have been nervous about asking Lyn out because she responded with an instantaneous and enthusiastic yes! From there the romance blossomed and not long after, the happy couple were married. They chose a Tasmanian cruise for their honeymoon.

Over the last couple of years at our shed, Ken has been the team leader in the restoration of two very badly damaged red telephone boxes. They looked all but brand new when they were completed, due in large part to Ken's persistence and fastidious eye for detail. So, as you do, he was presented with a replica red telephone box at our Christmas function, both as a recognition of his contribution to the shed and as a wedding gift that we were sure would never be doubled up!

From all the members of Yarra Glen & District Men's Shed, we wish Ken and Lyn a joyous marriage.



Ken and Lyn at the YGDMS Christmas function on 9 December 2018

"Ken met Lyn at ballroom dancing lessons and was reportedly extremely nervous about asking her out. Ken needn't have been nervous about asking Lyn out because she responded with an instantaneous and enthusiastic yes!"

JEEP AUSTRALIA PARTNERS VMSA

Jeep Australia are offering discounts on their cars through their Preferred Partner Program to all VMSA member sheds and individual shedders in each of these sheds.

To obtain your letter of introduction to participate in this program please complete the 'Jeep National Fleet Discount Request Form' available on the VMSA website.

Cherokee - MY18 Longitude

\$42.5K Drive Away*

+ Bonus \$7,000

**Preferred Partner
Discount**

+ 3 Years Free

Scheduled Servicing

Across a Range of

Jeep Vehicles#



Features:

- 3.2L Pentastar V6 engine with 9-speed auto
- Active Drive I all-wheel drive system
- Dual-zone automatic climate control





Take advantage of incredible discounts across the Jeep range.

For a limited time you can enjoy these exclusive Preferred Partner Program savings:

**\$7,000* off
Jeep Cherokee Longitude and Limited**

**\$2,000 off
Jeep Grand Cherokee Laredo 4x4 Petrol**

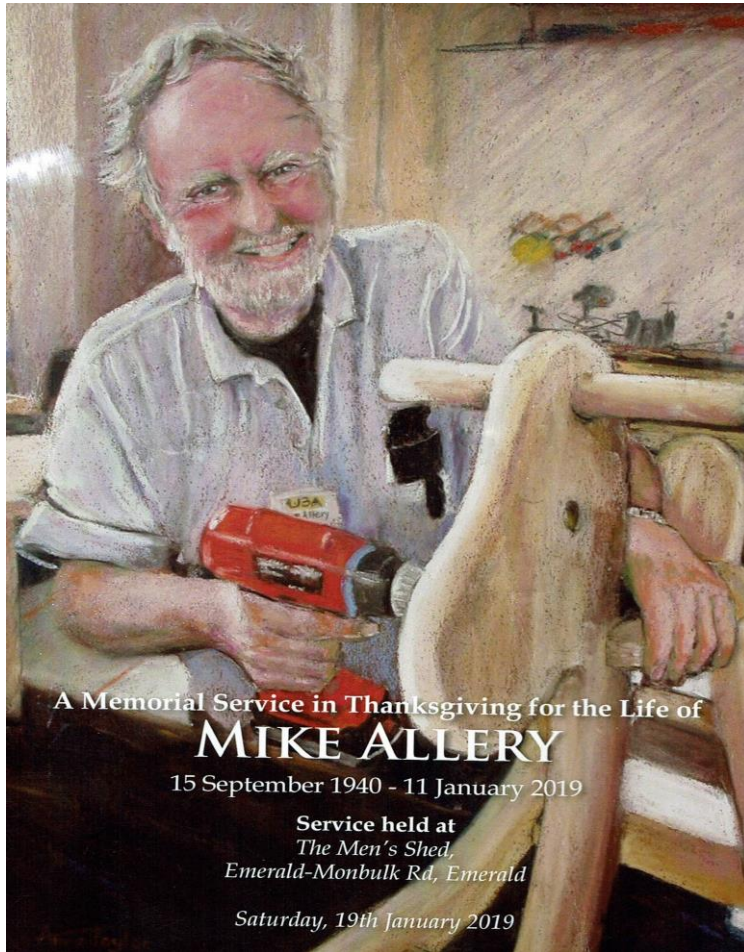
To unlock these and other exceptional offers visit:
jeep.com.au/fleet.html

Vic Men's Shed Login Code: JPP9368



*This offer is limited to a small number of eligible MY18 Jeep Cherokee Longitude and Limited vehicles. Offers available from November 1 2018 while stocks last and not valid with any other offer. No further discounts apply. Offer valid while stocks last for eligible FCA Preferred Partner Program Customers only. Terms, conditions & exclusions apply. Visit <https://www.jeep.com.au/fleet.html> for full details. © 2018 FCA US LLC. All Rights Reserved. Jeep is a registered trademark of FCA Group Marketing S.p.A., used with permission. FCA Australia Pty Ltd, 437 Plummer Street, Port Melbourne, VIC 3207, Australia.

REMEMBERING MIKE ALLERY



The Men's shed at Emerald is a fine place to go,
and the lads up there make lots for show.
But there's a bloke called Mike & he's got a temper
that's quick,
the way he argues and wields this huge stick.
He argues & shouts till he's blue in the face,
but after a while there's not even a trace
of that red & blue colour that's typical of Mike,
when he's on the rampage & looking to fight.
Mike's not a bad bloke when all said & done,
& he likes to tell us it's all about fun.
But that's proper bull as we all know,
As when he's in action, it's more than just show,

The way he's able to scrap & fight,
We tip our hats to this bloke Mike.
But he has this habit of buying wrong stuff,
so buys one of each ... thinking "that's near
enough".

He has some brains & plenty of nous,
Cause the fish & chips he supplies are
simply just grouse.

He has lots on his plate & gets a lot done,
And still has time to have oodles of fun.
He's just one of the boys is our mate Mike,
easy to love and easy to like.

But let's put this in context & see where
we're at,

Mike's good at talking, ... real good at that.
He waffles & raves without taking a break,
while we're all saying shut the hell up ... for
goodness sake.

But a lot of the time he does talk sense,
& that is a fact in Mike's defence.

When all said & done, Mike's just a good
bloke,

a real down to earth fella who loves a good
joke.

A man of scruples & a man of trust,
to meet Mike Allery is simply a must.

You can form an opinion in your own time,
love him or loathe him ... Mike says "that's
fine".

He doesn't care if you hate his guts,
but just beware, no boot in the butt,
Cause if you rile our good friend and mate,
you'll certainly seal your unpleasant fate.

Unknown

DEFIBS PRESENTED TO KORUMBURRA SHED



Barbara Look, Community Strengthening Officer of South Gippsland Shire Council, seen with VMSA Committee Member Julian Sellers, Korumburra Men's Shed President John Davies and other shedders



VMSA Committee Member Julian Sellers presents a defib to Korumburra Men's Shed's President John Davies



VMSA Committee Member Julian Sellers seen with Korumburra Men's Shed President John Davies and other shedders

POINT NEPEAN MEN'S SHED IN NEWS



Men's Shed lands new home in Sorrento Hangar

The sky's the limit for Point Nepean Men's Shed after Mornington Peninsula Shire presented president John Stevenson with the keys to its new home. The Men's Shed now has a permanent home base in the Sorrento Hangar, which was previously used by the Southern Peninsula Rescue Squad.

This is the 11th Men's Shed group established on the Mornington Peninsula, with the Rosebud and District Men's Shed in Capel Sound nearing completion. "Council is keen to continue supporting these groups in their efforts to improve local connections and will work together to support the health and well-being of our community," said Mayor David Gill.

Cr Hugh Fraser said the council was thrilled to provide a home and some certainty to the newly established Point Nepean Men's Shed. "This new base will enable the group to carry out community projects and attract new members while also revitalising the vacant hangar to

once again provide an asset to the community," Cr Fraser said.

Cr Bryan Payne said: "The community spoke up and we've responded in support of the group with a temporary lease of the hangar to the Point Nepean Men's Shed."

Although it's located in Sorrento, the Point Nepean Men's Shed welcome new members from across the Peninsula who might be looking for social connection in the community. Men are invited to come along and take up the opportunity to share skills and knowledge, refresh some old hobbies and develop new friendships. The group is actively partnering with schools, community groups and service providers to support a range of community services within the area.

Pictured: Point Nepean Men's Shed president John Stevenson unlocks the potential of the group's new home at the Sorrento Hangar.

Mornington Peninsula Magazine, a local trade magazine, featured John Stevenson, President of Point Nepean Men's Shed, opening the door for the first time

Permission to land

We were thrilled to provide a home for the newly-established Point Nepean Men's Shed who will set up a permanent base at Sorrento Hangar, revitalising the vacant space as a hub for community projects and connections. Actively partnering with local schools, community groups and service providers to support a range of community services, they welcome new members from across the Peninsula to stop by, share skills and knowledge, revisit old hobbies and make new friends.



Men's Shed president John Stevenson

Mornington Shire "Peninsula Wide", a regular Shire Update to ratepayers, also featured John Stevenson

RINGING IN A NEW ERA AT SCHOOL

A HISTORIC bell is ringing again at Sorrento Primary School much to the delight of staff, parents and students.

The bell, which was made in the late 1870s, has been restored thanks to the Pt Nepean Men's Shed members.

School assistant principal Sue Wearne said the bell had initially been used in Eden, NSW, to alert mariners that whales had been sighted.

"At some stage the bell came to Sorrento and it was used at the school for a number of years," she said.

Ms Wearne said former students could recall the bell hanging from a tree at the school and also in a wooden structure that housed it. She said the bronze bell was put into storage and subsequently lost after the wooden structure deteriorated.

But after it was rediscovered, the community was determined to see it ringing again.

Men's shed members built a new structure to house the bell while Mitre 10, Bunnings and Sorrento Historical Society also contributed.

The bell was unveiled at a special assembly at the school last week.

Ms Wearne said the bell had given the school a sense of history and brought back many memories for former students.

Students Oliver Whelan and Pippa Remata with the now restored historic school bell from the 1800s. Picture: WAYNE TAYLOR



Mornington Peninsula Leader, a local paper, featured the Sorrento Primary School Bell, restored by the shed. The shed also designed and built the bell tower.

CARDINIA SHED: NEW PLANS

MEET NEW SHEDDERS

Feb
16



MENS BREAKFAST

6B Henry Street, Pakenham
7.30am - 10.30am

Cardinia Men's Shed would like to invite you to their Men's Breakfast and give you the opportunity to learn what goes on in a men's shed. We will be providing breakfast in the form of egg and bacon or sausage sandwiches (gold coin donation) free coffee or tea. Our workshop will be open and our singers will perform at 8.30 and 9.30am.

CONTACT/QUERIES: 0414 749904

CHAT 'N' CHEW



MEET OTHER SHEDDERS
SOCIALLY EVERY MONDAY
9.30 - 11.30 IN THE BACK
ROOM OF THE G'DAY
COFFEE SHOP ON THE
CORNER OF MAIN AND
STATION STREETS.



Day & Time: Every Monday 9:30-11:30 am
Venue: G'Day Coffee Shop (corner of Main & Station Streets)

GUEST LECTURE COMING UP!

Speaker:
Donna Ratten

Date & Time:
February 6, 2019 (Wednesday)
10:30-11:15 am

Followed by lunch @ \$5

Venue:
Cardinia Men's Shed, 6B Henry Street, Pakenham

Wed 6/2/2019
Cardinia
Men's Shed

Donna Ratten
Library Services

10.30am-11.15am
Followed by lunch @ \$5

Cardinia Men's Shed
6B Henry Street, PAKENHAM



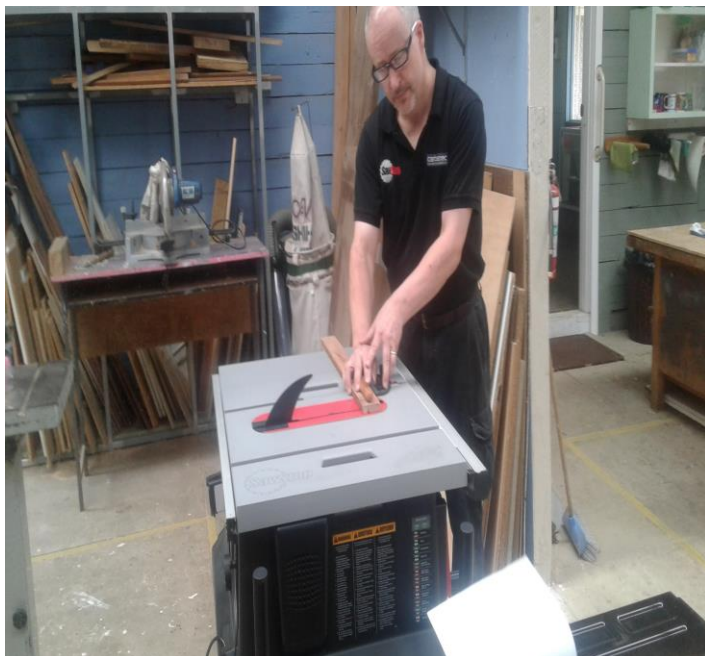
SAVE THE DATES!

CARDINIA SHED:2018 IN PICS

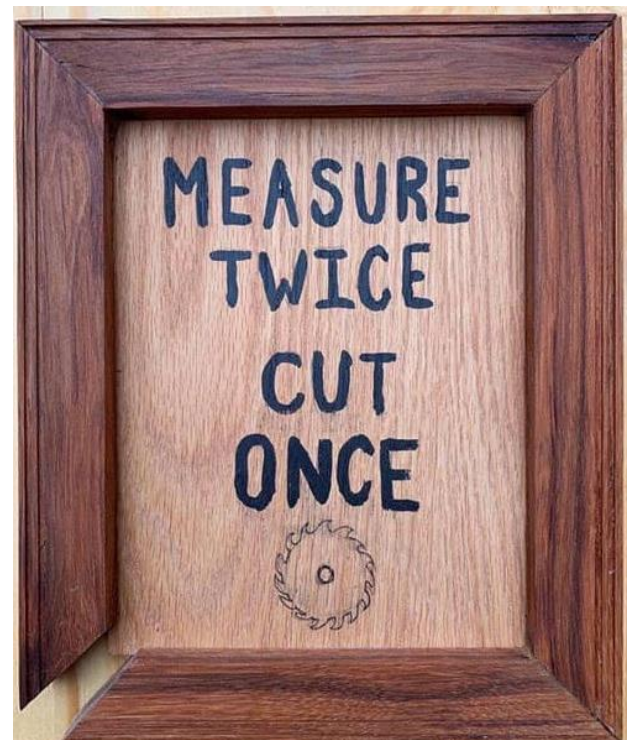
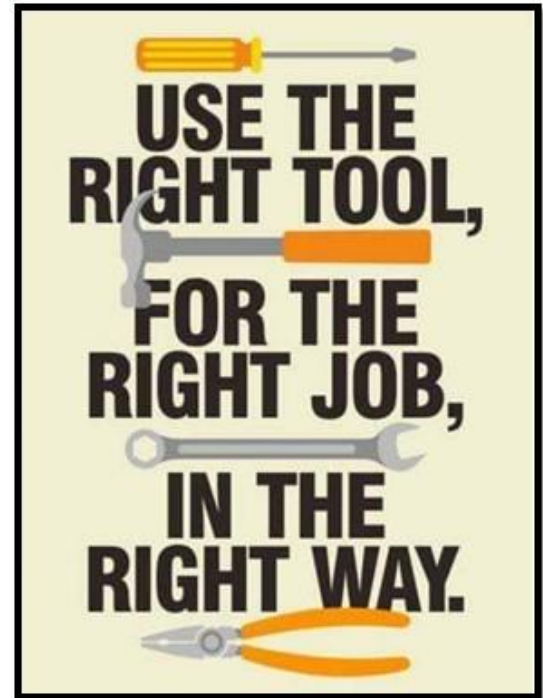


NEW BUY FOR SHEDDERS

Camperdown Men's Shed purchased a 'Sawstop' for their table saw to protect operators.



ON A LIGHTER NOTE



UPCOMING EVENTS

VMSA Statewide Gathering

Day & Time: Friday, 22 March 2019

Venue: Meadows Greyhound Track,
Broadmeadowss

Regional Cluster Meeting

Day & Time: Tuesday, 27 March 2019

Venue: Inverloch Men's Shed

FUTURE NEWSLETTERS

This Newsletter is being emailed to the Contact Person at each of the sheds on the VMSA database. We are limited in our ability to send the Newsletter to every shedder and so we ask that as the CONTACT PERSON for your shed please print and display the Newsletter.

If you have something to share with other sheds, write a short article (photos are handy) and send to the Executive Officer vmsa@vmsa.org.au

Victorian Men's Shed Association acknowledges the support of the Victorian Government.



Disclaimer

This newsletter is for general information only. The views expressed in this newsletter are not necessarily those of VMSA Committee. Reasonable measures have been taken to ensure that the material contained in this Newsletter is correct. However, there is no responsibility for the accuracy or the completeness of the material.



2019

Happy New Year!